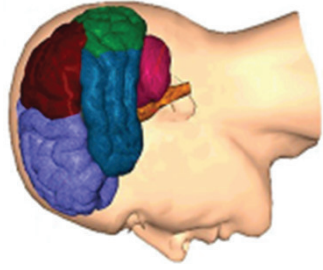


# Six Clusters of Executive Function

Thomas E. Brown, Attention Deficit Disorder (2005)

<b>Activation</b> Organizing, prioritizing, and getting to work	<b>Focus</b> Tuning in, sustaining focus, and shifting attention when appropriate	<b>Effort</b> Regulating alertness, sustaining effort, and adjusting processing speed	<b>Emotions</b> Managing frustration and modulating emotions	<b>Memory</b> Holding on to and working with information  Retrieving memories	<b>Action</b> Monitoring and regulating one's actions
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Centralized in the frontal lobes.

Field, Parker, Sleeper-Triplett, & Tudisco  
(CHADD 2010)